

# High School Breakfast Menu November 2023

**Meal Price:**

**Paid: \$2.75**

*Adult Breakfast Meal: \$2.78+tax*

**More Info...**

**Daily Milk Offerings:** 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

**Daily Fruit Offerings:** Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

**Available Daily:**

- Fresh Baked Muffins
- Fresh Baked Donuts
- WG Cereal or WG Cereal Bars

**Please Note:** (WG) denotes whole grain, (P) denotes item may contain pork

Grades K-12 are offer vs serve and must choose at least 3, up to 4, of the below mentioned items. One of the items must be a fruit.

- Grain (all grain offerings count as 2 items)
- Fruit (must pick 1)
- Milk (pick up to 1)

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**1**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**2**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**3**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**6**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**7**  
**No School Election Day**  


**8**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**9**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**10**  
**No School Veterans Day**  


**13**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**14**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**15**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**16**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**17**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**20**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**21**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**22**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**23**  
**No School Thanksgiving Recess**  


**24**  
**No School Thanksgiving Recess**  


**27**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**28**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**29**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

**30**  
Bagel with Cream Cheese or Butter  
Bacon (P) or Sausage (P), Egg ad Cheese on Bagel  
Fruit of the Day  
Milk of the Day

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